

# ***Summer Independent Swim League Rules And Regulations***

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## **I. SWIM CLUB MEMBERS:**

Burton Hollow - Fairway Farms - Newburgh - Northville – Colony

## **II. HOST CLUB RESPONSIBILITIES:**

The current year host of the League Meet is responsible for holding a President's meeting no later than February 15<sup>th</sup> each year with documented minutes. The host club will establish and provide the dual meet schedule for the upcoming season for distribution at the President's meeting. (Exception: schedule provided within one week of meeting when the League Meet date must be determined at the President's meeting. See Section III C.) Changes to the dual meet schedule require the concurrence of the affected club presidents. In addition, a meeting with all club coaches shall be held by the host club prior to seven days before the first scheduled dual meets.

Maintenance of these Rules and Regulations must be annually reviewed and approved at the President's meeting.

## **III. MEETS:**

A. All meet times will be kept to the hundredth of a second.

B. Dual meets:

1. Each club shall compete in eight (8) dual meets per season - two meets with each club (home and away).
2. Each event will have exactly one point heat. The home team will use lanes 1, 3, 5 - visitors use lanes 2, 4, 6. Position is based on order of finish as judged by an observer at the finish. Line judges may declare that two swimmers tied – they should not rely on times to resolve order of finish if two or more swimmer finish almost simultaneously.
3. In addition to the 49 point heats each team may swim up to 25 exhibition heats per dual meet at the discretion of the coaches. With at least 2 days advanced notice and concurrence from the other team, a team may schedule up to 5 additional exhibition heats.
4. Any exhibition heats for a given event will be swum before the point heat of the event. The visitor's exhibition heats will be swum first followed by the home team's exhibition heats followed by the event's point heat.
5. Each club must provide three (3) timers with stop watches to record times for the opposing teams lanes at dual meets.
6. Dual meets will be called due to inclement weather occurring after Event 29.

C. League Championship Meet:

1. A League Championship Meet, for all five clubs, shall be held at the end of each regular season on a rotating basis according to the order in Section I.
2. The League Meet date is designated as the last Saturday in July. Exceptions to this date will be decided at the President's meeting and must be agreed to by a majority of the member clubs. One typical exception is Olympic years where the league meet may be scheduled a week earlier due to the earlier scheduling of the USS championships.
3. All swimmers must swim in at least two (2) dual meets in order to compete in the League Meet.
4. There are no exhibition heats. All heats are "for points" where position is based on fastest time across all heats in the event.
5. For League Meet, each club will be responsible for eight (8) timers with stop watches (4 for a.m. and 4 for p.m.).
6. All events must be completed at the League Meet. Events not completed on the designated League Meet date will be completed on the makeup date if the outcome of the league championship is unresolved. Events conducted on the makeup date shall be completed by 8:00 pm Eastern Standard Time.

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## **IV. ELIGIBLE SWIMMERS**

- A. A swimmer must be a bona fide, year round, member of the club which he or she is representing (e.g.; a person whose family owns stock in, and pays yearly dues to, a club is considered a bona fide year round member and is eligible to swim for that club.)
- B. Staff personnel that are given membership privileges are not considered bona fide (paying) members and therefore are not eligible to swim for that club.
- C. Staff personnel are not eligible to swim for the club in which they are employed, unless they are also a bona fide member of that club.
- D. Staff personnel can, however, swim for a club other than the one they are employed at providing they are a bona fide member of that club.
- E. "Summer guests" of club members are not eligible to swim for the club.

## **V. SCORING**

- A. Dual Meets - Points will be given for 1st, 2nd, and 3rd places as follows: 4-2-1 for individual events and 8-4-2 for relay events.
  1. If a team places 1st, 2nd and 3rd, and the opposing team places 4th, the 3rd place point(s) are not awarded to either team. However, if the opposing team did not enter a swimmer in that event, then all points are awarded to the team placing 1st, 2nd and 3rd.
  2. The home club must allow at least one person from the visiting team to assist in scoring the meet. The home club has the responsibility for an accurate score and declaring a winner.
  3. All entrant cards and ribbons will be placed in a container provided by each team and held at the ribbon table until the conclusion of the meet.
- B. League Meet - Points will be given for 1st thru 6th place as follows: 7-5-4-3-2-1 for individual events and 14-10-8-6-4-2 for relay events.
  1. Each club can enter more than three swimmers/entrants per event, but only the top three finishers for that club in each event are eligible to score points. In the event that four or more swimmers from a single club finish in the top six places, the points that would have been earned by 4<sup>th</sup> (or lower) place swimmer from that club will be awarded to the fastest swimmers from other clubs as necessary until points have been awarded for the top six places.
- C. Ties - all meets - If swimmers or relays tie, the points for that place and the next lower place are combined. Each swimmer or relay is given half of the combined points. Example: two swimmers tie for 2nd place at the League Meet. Each swimmer will get 4.5 points (2nd = 5 points and 3rd = 4 points.  $5 + 4 = 9$ .  $9/2 = 4.5$ ). The next fastest swimmer would be awarded 4<sup>th</sup> place points.
- D. Overall league standing for each club is scored as follows:
  1. Dual Meets: two (2) points for a win and one (1) point for a tie. No points for a loss.
  2. League Meets: 6-4-3-2-1 points for 1st thru 5th place respectively.
  3. The addition of each team's total Dual and League Meet points earned during the season will determine the overall league standings.

## **VI. AWARDS**

- A. Dual meets:
  1. The home team shall provide ribbons for 1<sup>st</sup> through 6<sup>th</sup> place for each heat (point heats and exhibition heats) for all individual events and for each swimmer on a relay in each relay heat. Expenses for these awards shall be the responsibility of the home team.
  2. A swimmer's first initial and last name will appear on all ribbons.
  3. To assist in the separation and the pick-up of ribbons, all visiting teams shall provide a container prior to the start of the meet for the ribbon table to use.
- B. League Championship Meet
  1. The host club must provide "Rosette Ribbons" with a neck ribbon for 1<sup>st</sup> through 12<sup>th</sup> place in each individual event and for each swimmer on a relay that places in 1<sup>st</sup> through 12<sup>th</sup> place. Expenses for

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these awards are to be divided up equally among all league clubs.

(Note: the league has a standing order for these ribbons at Hodge's Badge Company. Each Host Club shall continue to order these ribbons from this suggested vendor.)

2. A traveling League Championship trophy and a League Championship plaque (to be retained by the Club) will be awarded to the team with the highest combined total points (ties for 1<sup>st</sup> place = co-champions). In the event that the team winning the League Championship is not the winner of the League Meet, a separate 1<sup>st</sup> place plaque will be awarded to the winner of the League Meet. The cost of the plaque(s) and the engraving of the traveling trophy shall be divided equally among all league clubs. The club hosting the League Meet will be responsible for purchasing the plaque(s) and awarding it to the winning team(s) as soon as practical, but no later than 30 days after the League Meet.

## **VII. EVENTS/AGE GROUPS - ALL MEETS**

- A. Each swimmer is allowed to compete in a maximum of three (3) separate events per meet: three individual; or two individual and one relay; or one individual and two relays. No swimmer is allowed to swim twice in the same stroke/distance during any one given meet.
- B. The swimmer's age as of May 31st of the current year determines which age group he or she will compete.
- C. All swimmers are eligible to compete in his or her age group and/or an older age group in the same meet. A swimmer may move up an age group, but never down.
- D. Relays must have at least one female, and can be all female.
- E. All members of a relay team must be of the same age group, or younger, as designated by the event.
- F. OPEN individual and OPEN relay - no age restriction except must be no older than 18.
- G. Swimmers (relays) are allowed only one false start per event. A second false start will result in disqualification.
- H. Starts - short course starts will apply. Long course (meter) start rules shall not be enforced.
- I. Shallow water starts - any swimmers starting from the shallow end must start from a push off in the water.

## **VIII. OTHER LEAGUE MEET INFORMATION**

- A. Coaches should record swimmers times throughout the regular season. The swimmers best time should be used for each event that he or she is entered in at the League Meet.
- B. When entering a relay team, coaches must list the swimmer's names that the coach plans to have in the relays. (This will assure that each swimmer is only entered in three events.)
- C. No deck entries. Scratches may move a swimmer or relay into scoring position. Relay substitutions are permitted.
- D. At the conclusion of the League Meet, the host team will provide the meet results to each team requesting the results in electronic form on media (typically a USB flash drive) provided by the requesting club. Clubs are entitled to a copy of the complete Meet Manager database after all events have been scored.
- E. Prior to the start of the League Meet, a brief meeting will be conducted by the League Meet Official and include the head coach from each team to discuss officiating and the method for notifying swimmers and/or coaches of disqualifications.
- F. The host club must allow one representative from each club to assist in scoring the meet. The host club has the responsibility for keeping an accurate tally of all team points and announcing the final standings.
- G. The host club for the League Championship Meet must use an electronic timing system at the expense of the host club.

(Note: The three timers per lane that each club provides are for backup purposes.)

(Note: The Dearborn USS team "DRD" has been used with success over the years providing touch pads for both ends of the pool. The league requires that DRD be employed for the next year at the time of the current year meet by the next host club unless the league agrees to use another vendor.)

- H. In the event of a timing discrepancy at League Meet, the issue will be resolved by the designated swimming official on site.

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## **IX. PENALTIES**

- A. Dual Meets - If a club swims a non-member in a dual meet, they automatically forfeit the meet. If a swimmer competes in the wrong (lower) age group, that swimmer's points are taken away and given to the opposing team. If the event was a relay, the total relay points are given to the opposing team.
- B. League Meet - If a club swims a non-member in the league championship meet, they automatically forfeit the meet. If a club swims (1) a swimmer that did not compete in two dual meets during the current season or (2) a swimmer in a lower age group, all individual and relay points earned by that swimmer will be **DISALLOWED**. The points for the remaining teams should be adjusted upward. The swimmer will not be allowed to compete in any remaining events, nor can his or her events be swum by an alternate swimmer from that club.

*NOTE: These penalties will apply even after the meet(s) are over; if the challenged club cannot justify a questioned entry.*

## **X. RULES NOT COVERED ABOVE**

The basic and generally accepted rules and guidelines of the competition sport of swimming as set forth in the "USA Swimming Code" and/or Official High School Rules Book publications, and as agreed upon by the coaches of the "Summer Independent Swim League" will apply.

## **XI. OFFICIATING**

Guidelines will be approved by the coaches of all SISL teams at the beginning of each season at the coaches meeting.

***Approved at the President's meeting, 2/1/2010***

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## **Appendix A. Event list for Dual Meets**

- |    |                                     |    |   |
|----|-------------------------------------|----|---|
| 1  | 9-10 100 meter Medley Relay         | 26 | 13-15 Boys 50 meter Backstroke          |
| 2  | 11-12 200 meter Medley Relay        | 27 | Open Girls 50 meter Backstroke          |
| 3  | 13-15 200 meter Medley Relay        | 28 | Open Boys 50 meter Backstroke           |
| 4  | Open 200 meter Medley Relay         | 29 | 11-12 Girls 100 meter Individual Medley |
| 5  | 8 & Under Girls 25 meter Freestyle  | 30 | 11-12 Boys 100 meter Individual Medley  |
| 6  | 8 & Under Boys 25 meter Freestyle   | 31 | 13-15 Girls 100 meter Individual Medley |
| 7  | 9-10 Girls 25 meter Freestyle       | 32 | 13-15 Boys 100 meter Individual Medley  |
| 8  | 9-10 Boys 25 meter Freestyle        | 33 | 9-10 Girls 25 meter Breaststroke        |
| 9  | 8 & Under Girls 50 meter Freestyle  | 34 | 9-10 Boys 25 meter Breaststroke         |
| 10 | 8 & Under Boys 50 meter Freestyle   | 35 | 11-12 Girls 50 meter Breaststroke       |
| 11 | 9-10 Girls 50 meter Freestyle       | 36 | 11-12 Boys 50 meter Breaststroke        |
| 12 | 9-10 Boys 50 meter Freestyle        | 37 | 13-15 Girls 50 meter Breaststroke       |
| 13 | 11-12 Girls 50 meter Freestyle      | 38 | 13-15 Boys 50 meter Breaststroke        |
| 14 | 11-12 Boys 50 meter Freestyle       | 39 | 9-10 Girls 25 meter Butterfly           |
| 15 | 13-15 Girls 50 meter Freestyle      | 40 | 9-10 Boys 25 meter Butterfly            |
| 16 | 13-15 Boys 50 meter Freestyle       | 41 | 11-12 Girls 50 meter Butterfly          |
| 17 | Open Girls 50 meter Freestyle       | 42 | 11-12 Boys 50 meter Butterfly           |
| 18 | Open Boys 50 meter Freestyle        | 43 | 13-15 Girls 50 meter Butterfly          |
| 19 | 8 & Under Girls 25 meter Backstroke | 44 | 13-15 Boys 50 meter Butterfly           |
| 20 | 8 & Under Boys 25 meter Backstroke  | 45 | 8 & Under 100 meter Freestyle Relay     |
| 21 | 9-10 Girls 25 meter Backstroke      | 46 | 9-10 100 meter Freestyle Relay          |
| 22 | 9-10 Boys 25 meter Backstroke       | 47 | 11-12 200 meter Freestyle Relay         |
| 23 | 11-12 Girls 50 meter Backstroke     | 48 | 13-15 200 meter Freestyle Relay         |
| 24 | 11-12 Boys 50 meter Backstroke      | 49 | Open 200 meter Freestyle Relay          |
| 25 | 13-15 Girls 50 meter Backstroke     |    |   |

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## **Appendix B: Event list for the League Meet**

### **Morning Events**

- 1 Open 200 meter Medley Relay
- 2 8 & Under Girls 50 meter Freestyle
- 3 8 & Under Boys 50 meter Freestyle
- 4 9-10 Girls 50 meter Freestyle
- 5 9-10 Boys 50 meter Freestyle
- 6 11-12 Girls 50 meter Freestyle
- 7 11-12 Boys 50 meter Freestyle
- 8 13-15 Girls 50 meter Freestyle
- 9 13-15 Boys 50 meter Freestyle
- 10 Open Girls 50 meter Freestyle
- 11 Open Boys 50 meter Freestyle
- 12 8 & Under Girls 25 meter Freestyle
- 13 8 & Under Boys 25 meter Freestyle
- 14 9-10 Girls 25 meter Freestyle
- 15 9-10 Boys 25 meter Freestyle
- 16 Open Girls 50 meter Backstroke
- 17 Open Boys 50 meter Backstroke
- 18 8 & Under Girls 25 meter Backstroke
- 19 8 & Under Boys 25 meter Backstroke
- 20 9-10 Girls 25 meter Backstroke
- 21 9-10 Boys 25 meter Backstroke
- 22 11-12 Girls 50 meter Backstroke
- 23 11-12 Boys 50 meter Backstroke
- 24 13-15 Girls 50 meter Backstroke
- 25 13-15 Boys 50 meter Backstroke
- 26 Open 200 meter Freestyle Relay
- 27 8 & Under 100 meter Freestyle Relay

### **Afternoon Events**

- 28 9-10 100 meter Freestyle Relay
- 29 11-12 200 meter Freestyle Relay
- 30 13-15 200 meter Freestyle Relay
- 31 9-10 Girls 25 meter Breaststroke
- 32 9-10 Boys 25 meter Breaststroke
- 33 11-12 Girls 50 meter Breaststroke
- 34 11-12 Boys 50 meter Breaststroke
- 35 13-15 Girls 50 meter Breaststroke
- 36 13-15 Boys 50 meter Breaststroke
- 37 11-12 Girls 100 meter Individual Medley
- 38 11-12 Boys 100 meter Individual Medley
- 39 13-15 Girls 100 meter Individual Medley
- 40 13-15 Boys 100 meter Individual Medley
- 41 9-10 Girls 25 meter Butterfly
- 42 9-10 Boys 25 meter Butterfly
- 43 11-12 Girls 50 meter Butterfly
- 44 11-12 Boys 50 meter Butterfly
- 45 13-15 Girls 50 meter Butterfly
- 46 13-15 Boys 50 meter Butterfly
- 47 9-10 100 meter Medley Relay
- 48 11-12 200 meter Medley Relay
- 49 13-15 200 meter Medley Relay

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## **Appendix C: Rule Changes**

### **REVISION HISTORY**

#### **2010**

#### VIII. OTHER LEAGUE MEET INFORMATION:

**Create H:** "In the event of a timing discrepancy at League Meet, the issue will be resolved by the designated swimming official on site"

#### III. MEETS:

**B. Create 6.** Dual meets will be called due to inclement weather occurring after Event 29.